

Langtoft 10k 2022 Results

OverallPos	GenderPos	Gender	CategPos	Category	Name	Race num	Club	Chip time	Pace
1	1	Male	1	Male Open	Ben Heron	1045	Peterborough & Nene Valley AC	00:31:43	3:10 min/km
2	2	Male	2	Male Open	Joe Wilkinson	1335	Lincoln Wellington Athletic Club	00:31:46	3:10 min/km
3	3	Male	3	Male Open	Luke Harrison	1087	Stamford Striders	00:33:56	3:23 min/km
4	4	Male	4	Male Open	Jack Green	1240	Werrington Joggers	00:34:24	3:26 min/km
5	5	Male	5	Male Open	James Gelsthorpe	1156		00:34:39	3:27 min/km
6	6	Male	1	Ages 55 - 59	Alan Turnbull	1300	Bedford and County AC	00:34:41	3:28 min/km
7	7	Male	6	Male Open	Mark Popple	1319	Stamford Striders	00:34:56	3:29 min/km
8	8	Male	7	Male Open	Sam Evans	1169		00:35:03	3:30 min/km
9	9	Male	8	Male Open	Jordan Buttigieg	1205		00:35:05	3:30 min/km
10	10	Male	9	Male Open	Samuel Jepson-Rivers	1040	Grantham Running Club	00:35:39	3:33 min/km
11	11	Male	10	Male Open	Ben Wall	1288		00:36:31	3:39 min/km
12	12	Male	11	Male Open	Darren Hillier	1230	Yaxley Runners & Joggers	00:36:43	3:40 min/km
13	13	Male	1	Ages 40 - 44	Chris Emmerson	1248	Langtoft trail club	00:36:47	3:40 min/km
14	14	Male	12	Male Open	Benjamin Hannon	1321	Peterborough and Nene Valley	00:36:53	3:41 min/km
15	15	Male	13	Male Open	Keaton Neacy	1079	Thorney RC	00:36:59	3:41 min/km
16	16	Male	2	Ages 55 - 59	Miguel Cann	1062		00:37:02	3:42 min/km
17	17	Male	14	Male Open	Dan Jarman	1019		00:37:05	3:42 min/km
18	18	Male	3	Ages 55 - 59	Helder Soares	1313	Stevenage Striders	00:37:11	3:43 min/km
19	19	Male	15	Male Open	Scott Cameron	1250		00:37:20	3:44 min/km
20	20	Male	16	Male Open	Tom Plant	1213		00:37:21	3:44 min/km
21	21	Male	1	Ages 45 - 49	Dan Vajzovic	1219		00:37:29	3:44 min/km
22	22	Male	2	Ages 45 - 49	Michael Branston	1077	Yaxley Runners & Joggers	00:38:47	3:52 min/km
23	23	Male	17	Male Open	Philip Donnor	1163	Lonely Goat RC	00:38:50	3:53 min/km
24	24	Male	18	Male Open	Nick Greenwood	1254		00:38:57	3:53 min/km
25	25	Male	3	Ages 45 - 49	Piers Serjeant	1301	St Neots Riverside Runners	00:39:15	3:55 min/km
26	26	Male	19	Male Open	Steven Bannister	1264		00:39:21	3:56 min/km
27	27	Male	20	Male Open	Sam Dodwell	1170	Grantham Running Club	00:39:37	3:57 min/km
28	1	Female	1	Ages 50 - 54	Philippa Taylor	1162	Helpston Harriers AC	00:39:49	3:58 min/km
29	28	Male	21	Male Open	Jake Currall	1246		00:39:51	3:59 min/km

OverallPos	GenderPos	Gender	CategPos	Category	Name	Race num	Club	Chip time	Pace
30	29	Male	2	Ages 40 - 44	Gareth Williams	1242	Stamford Striders	00:40:13	4:01 min/km
31	30	Male	4	Ages 45 - 49	Andy Martin	1310		00:40:15	4:01 min/km
32	31	Male	1	Ages 50 - 54	Stuart Hodgkinson	1231	Stamford Striders	00:40:15	4:01 min/km
33	32	Male	5	Ages 45 - 49	Andrew Thompson	1065	Lonely Goat RC	00:40:21	4:02 min/km
34	33	Male	3	Ages 40 - 44	Andrew Thompson	1168	Skegness & District Running Club	00:40:26	4:02 min/km
35	34	Male	22	Male Open	Keir Collins	1273	Bourne Town Harriers	00:40:29	4:02 min/km
36	2	Female	1	Female Open	Hannah Rounds	1152	Stamford Striders	00:40:30	4:03 min/km
37	35	Male	2	Ages 50 - 54	Adie Stevens	1118	Stamford Striders	00:40:34	4:03 min/km
38	36	Male	4	Ages 40 - 44	Gav Meadows	1314	Grantham Running Club	00:40:38	4:03 min/km
39	3	Female	2	Female Open	Abigail Kefford	1013	Yaxley Runners & Joggers	00:40:39	4:03 min/km
40	37	Male	23	Male Open	Jono Greenwood	1182		00:40:51	4:05 min/km
41	38	Male	24	Male Open	Tom Bellis	1206		00:40:55	4:05 min/km
42	39	Male	5	Ages 40 - 44	Neil Lakin	1270	Stamford Striders	00:41:10	4:07 min/km
43	40	Male	6	Ages 40 - 44	Ashley Brown	1200	Skegness & District Running Club	00:41:12	4:07 min/km
44	4	Female	1	Ages 40 - 44	Holly Durham	1139	Grantham Running Club	00:41:15	4:07 min/km
45	5	Female	3	Female Open	Abigail Branston	1076	Yaxley Runners & Joggers	00:41:18	4:07 min/km
46	41	Male	6	Ages 45 - 49	Nathan Smith	1289	Wreake Runners	00:41:20	4:08 min/km
47	42	Male	7	Ages 45 - 49	Jack Wilder	1274	Baston Harriers	00:41:29	4:08 min/km
48	43	Male	25	Male Open	Daniel Pearce	1269	Grantham Running Club	00:41:37	4:09 min/km
49	6	Female	4	Female Open	Josie Knight	1037	Peterborough & Nene Valley AC	00:41:43	4:10 min/km
50	44	Male	8	Ages 45 - 49	Stefan Latter	1123	Grantham Running Club	00:41:46	4:10 min/km
51	45	Male	26	Male Open	Adam Fenn	1221	Stamford Striders	00:41:50	4:11 min/km
52	46	Male	4	Ages 55 - 59	Tony Gilbert	1296	Bourne Town Harriers	00:42:00	4:12 min/km
53	47	Male	7	Ages 40 - 44	Chris Rugg	1199	Stamford Striders	00:42:09	4:12 min/km
54	48	Male	27	Male Open	Tom Russell	1324		00:42:26	4:14 min/km
55	49	Male	9	Ages 45 - 49	Neil King	1276		00:42:33	4:15 min/km
56	50	Male	3	Ages 50 - 54	Steve Harknett	1292	Peterborough & Nene Valley AC	00:42:42	4:16 min/km
57	7	Female	1	Ages 45 - 49	Gina Crane	1033	Yaxley Runners & Joggers	00:42:46	4:16 min/km
58	8	Female	2	Ages 50 - 54	Jane Charlesworth	1179	Lincoln Wellington Athletic Club	00:42:51	4:17 min/km
59	51	Male	1	Ages 60 - 64	Robert Howbrook	1131	Grantham Running Club	00:42:56	4:17 min/km
60	9	Female	5	Female Open	Amy Rule	1145		00:43:07	4:18 min/km

OverallPos	GenderPos	Gender	CategPos	Category	Name	Race num	Club	Chip time	Pace
61	52	Male	5	Ages 55 - 59	Alan Carley	1143	Grantham Running Club	00:43:13	4:19 min/km
62	10	Female	6	Female Open	Katie Arnold	1268	Stamford Striders	00:43:36	4:21 min/km
63	53	Male	10	Ages 45 - 49	Richard Collins	1272	Bourne Town Harriers	00:43:38	4:21 min/km
64	54	Male	6	Ages 55 - 59	Andrew Wade	1227	Stamford Striders	00:43:38	4:21 min/km
65	55	Male	11	Ages 45 - 49	Steve Knight	1022	Stamford Striders	00:43:39	4:21 min/km
66	56	Male	8	Ages 40 - 44	Phil Neacy	1078	Thorney RC	00:43:47	4:22 min/km
67	57	Male	9	Ages 40 - 44	Carl Ellingham	1228		00:43:48	4:22 min/km
68	58	Male	12	Ages 45 - 49	Martin Candish	1181	Stamford Striders	00:43:50	4:23 min/km
69	59	Male	28	Male Open	Robert Norris	1172	Bourne Town Harriers	00:43:56	4:23 min/km
70	60	Male	29	Male Open	Gary Eagle	1239		00:43:59	4:23 min/km
71	61	Male	4	Ages 50 - 54	Dylan Looker	1201		00:44:01	4:24 min/km
72	62	Male	2	Ages 60 - 64	Anthony Sharp	1278	Stamford Striders	00:44:04	4:24 min/km
73	63	Male	30	Male Open	Harry Friend	1012	Yaxley Runners & Joggers	00:44:08	4:24 min/km
74	64	Male	10	Ages 40 - 44	Marc Joyce	1015	Eye Community Runners	00:44:09	4:24 min/km
75	65	Male	3	Ages 60 - 64	Neil Beckingham	1105	Stamford Striders	00:44:21	4:26 min/km
76	66	Male	5	Ages 50 - 54	Mark Gill	1148		00:44:26	4:26 min/km
77	11	Female	2	Ages 45 - 49	Elisabeth Sennitt Clough	1174	Peterborough & Nene Valley AC	00:44:29	4:26 min/km
78	67	Male	7	Ages 55 - 59	Jeremy Green	1167	Wewrrington Joggers	00:44:35	4:27 min/km
79	68	Male	11	Ages 40 - 44	George Christoudias	1166	Stamford Striders	00:44:46	4:28 min/km
80	12	Female	3	Ages 45 - 49	Rebecca Lee	1035	Peterborough and Nene Valley	00:44:48	4:28 min/km
81	69	Male	12	Ages 40 - 44	Ian Sharp	1277	Stamford Striders	00:44:56	4:29 min/km
82	70	Male	31	Male Open	Joseph Moisey	1271		00:45:00	4:30 min/km
83	71	Male	13	Ages 40 - 44	Jonathan Moore	1325		00:45:02	4:30 min/km
84	72	Male	13	Ages 45 - 49	Nick Wilkins	1026	Eye Community Runners	00:45:03	4:30 min/km
85	13	Female	7	Female Open	Shelby Evans	1154		00:45:09	4:30 min/km
86	73	Male	6	Ages 50 - 54	Sean Eglin	1023	Stamford Striders	00:45:27	4:32 min/km
87	74	Male	14	Ages 45 - 49	Glyn Paskin	1171		00:45:28	4:32 min/km
88	75	Male	14	Ages 40 - 44	Matthew Watson	1255		00:45:33	4:33 min/km
89	76	Male	4	Ages 60 - 64	Richard Mardling	1290	Stamford Striders	00:45:41	4:34 min/km
90	77	Male	5	Ages 60 - 64	Nicholas Turner	1236	Boston Community Runners	00:45:51	4:35 min/km
91	78	Male	6	Ages 60 - 64	Ged Forster	1192	Lonely Goat RC	00:45:55	4:35 min/km

OverallPos	GenderPos	Gender	CategPos	Category	Name	Race num	Club	Chip time	Pace
92	79	Male	32	Male Open	Dale Denning	1224		00:46:00	4:36 min/km
93	80	Male	15	Ages 40 - 44	Ben Jackson	1337	Yaxley Runners & Joggers	00:46:00	4:36 min/km
94	81	Male	16	Ages 40 - 44	Rupert Clifton	1002	Stamford Striders	00:46:01	4:36 min/km
95	14	Female	4	Ages 45 - 49	Nicola Ruston-Litchfield	1125	Grantham Running Club	00:46:19	4:37 min/km
96	82	Male	7	Ages 60 - 64	Robert Mcaroll	1338	Gratham Running Club	00:46:23	4:38 min/km
97	83	Male	8	Ages 60 - 64	Brynnen Massey	1147		00:46:25	4:38 min/km
98	15	Female	3	Ages 50 - 54	Alison Dunphy	1011	Eye Community Runners	00:46:31	4:39 min/km
99	84	Male	8	Ages 55 - 59	Peter Jennings	1257	Grantham Running Club	00:46:34	4:39 min/km
100	85	Male	9	Ages 55 - 59	Anthony Johnson	1263	Grantham Running Club	00:46:36	4:39 min/km
101	16	Female	4	Ages 50 - 54	Alison Staines	1281	Peterborough & Nene Valley AC	00:46:46	4:40 min/km
102	86	Male	15	Ages 45 - 49	David Corcoran	1177	Halmer Harriers	00:46:47	4:40 min/km
103	87	Male	7	Ages 50 - 54	Stuart Reader	1287	Grantham Running Club	00:47:00	4:42 min/km
104	88	Male	9	Ages 60 - 64	Roy Young	1009	Eye Community Runners	00:47:03	4:42 min/km
105	89	Male	8	Ages 50 - 54	Ian Rule	1144		00:47:08	4:42 min/km
106	17	Female	5	Ages 45 - 49	Louise Blake	1234		00:47:24	4:44 min/km
107	18	Female	2	Ages 40 - 44	Kirsty Hitchens	1259		00:47:30	4:45 min/km
108	90	Male	9	Ages 50 - 54	Allan Nickson	1294	Lonely Goat RC	00:47:34	4:45 min/km
109	91	Male	33	Male Open	Zachary Aylward	1282		00:47:36	4:45 min/km
110	92	Male	10	Ages 50 - 54	Mark Chiva	1209		00:47:43	4:46 min/km
111	93	Male	10	Ages 60 - 64	Andrew Macallister	1247	Grantham Running Club	00:47:49	4:46 min/km
112	94	Male	17	Ages 40 - 44	Andy Cawdery	1054		00:48:00	4:48 min/km
113	19	Female	8	Female Open	Hannah Knight	1038	Peterborough & Nene Valley AC	00:48:08	4:48 min/km
114	95	Male	34	Male Open	Sam Fuller	1104		00:48:10	4:49 min/km
115	96	Male	11	Ages 50 - 54	Peter Brierley	1108		00:48:12	4:49 min/km
116	97	Male	18	Ages 40 - 44	Ben Mason	1293	Grantham Running Club	00:48:14	4:49 min/km
117	98	Male	12	Ages 50 - 54	Bret Allibone	1304	Stamford Striders	00:48:14	4:49 min/km
118	20	Female	5	Ages 50 - 54	Caroline Davis	1146	Grantham Running Club	00:48:17	4:49 min/km
119	21	Female	3	Ages 40 - 44	Laura Bailey	1283	Stamford Striders	00:48:20	4:50 min/km
120	99	Male	10	Ages 55 - 59	Andy Sutton	1298		00:48:22	4:50 min/km
121	100	Male	11	Ages 55 - 59	Derek Smith	1193	Werrington Joggers	00:48:27	4:50 min/km
122	101	Male	16	Ages 45 - 49	Darren Blake	1323		00:48:42	4:52 min/km

OverallPos	GenderPos	Gender	CategPos	Category	Name	Race num	Club	Chip time	Pace
123	102	Male	13	Ages 50 - 54	Timothy Clough	1175	Peterborough & Nene Valley AC	00:48:44	4:52 min/km
124	103	Male	35	Male Open	Michael O'Connell	1186	Stamford Striders	00:48:45	4:52 min/km
125	104	Male	14	Ages 50 - 54	Luke Clifford	1308	Huntingdonshire AC	00:48:48	4:52 min/km
126	22	Female	6	Ages 50 - 54	Michelle Parczuk	1312	Grantham Running Club	00:48:49	4:52 min/km
127	23	Female	9	Female Open	Polly Albon	1063	Stamford Striders	00:48:51	4:53 min/km
128	105	Male	17	Ages 45 - 49	Simon Goodchild	1084		00:49:08	4:54 min/km
129	106	Male	15	Ages 50 - 54	Tim Asplin	1074		00:49:10	4:55 min/km
130	107	Male	11	Ages 60 - 64	Rob Glover	1030	Stamford Striders	00:49:13	4:55 min/km
131	108	Male	36	Male Open	Robert Ward	1048		00:49:24	4:56 min/km
132	24	Female	7	Ages 50 - 54	Cheryl Allibone	1302	Stamford Striders	00:49:28	4:56 min/km
133	109	Male	1	Ages 65 - 69	Paul Jepson	1088	Grantham Running Club	00:49:33	4:57 min/km
134	110	Male	12	Ages 60 - 64	Rod Mcdonald	1217	Werrington Joggers	00:49:42	4:58 min/km
135	111	Male	18	Ages 45 - 49	Hayden Grooby	1329		00:49:46	4:58 min/km
136	112	Male	19	Ages 45 - 49	Phillip Crowcroft	1119	Grantham Running Club	00:49:46	4:58 min/km
137	25	Female	6	Ages 45 - 49	Sarah Sharp	1279	Stamford Striders	00:49:57	4:59 min/km
138	113	Male	20	Ages 45 - 49	Ellis Parker	1140		00:50:05	5:00 min/km
139	26	Female	8	Ages 50 - 54	Emma Kedney	1157		00:50:20	5:02 min/km
140	114	Male	12	Ages 55 - 59	Marc Archer	1095		00:50:40	5:04 min/km
141	27	Female	7	Ages 45 - 49	Emmaline Sparkes	1303	Bearbrook Running Club	00:50:42	5:04 min/km
142	28	Female	10	Female Open	Caroline Geddes	1332	Stamford Striders	00:50:51	5:05 min/km
143	115	Male	16	Ages 50 - 54	Kevin Bunn	1050		00:50:52	5:05 min/km
144	29	Female	9	Ages 50 - 54	Sally Cooper	1306	Werrington Joggers	00:50:57	5:05 min/km
145	116	Male	21	Ages 45 - 49	Mark Rice	1142	Grantham Running Club	00:51:03	5:06 min/km
146	30	Female	10	Ages 50 - 54	Debbie Montague	1309	Werrington Joggers	00:51:04	5:06 min/km
147	31	Female	8	Ages 45 - 49	Dawn Stilwell	1291		00:51:06	5:06 min/km
148	117	Male	17	Ages 50 - 54	Craig Hendy	1085	Bedford Harriers	00:51:07	5:06 min/km
149	32	Female	11	Ages 50 - 54	Clare Woods	1080	Baston Harriers	00:51:10	5:07 min/km
150	118	Male	13	Ages 55 - 59	Richard Gallagher	1266		00:51:10	5:07 min/km
151	33	Female	12	Ages 50 - 54	Karen Freeman	1028	Yaxley Runners & Joggers	00:51:21	5:08 min/km
152	34	Female	13	Ages 50 - 54	Carol Stynes-Martin	1121	Stamford Striders	00:51:26	5:08 min/km
153	119	Male	37	Male Open	Daniel Hewitt	1299	N/A	00:51:47	5:10 min/km

OverallPos	GenderPos	Gender	CategPos	Category	Name	Race num	Club	Chip time	Pace
154	120	Male	2	Ages 65 - 69	James John Grant	1113	Stamford Striders	00:51:49	5:10 min/km
155	121	Male	38	Male Open	Martin Carter	1153	Grantham Running Club	00:51:53	5:11 min/km
156	122	Male	1	Ages 70 - 74	Bob Nitsch	1253	Werrington Joggers	00:51:58	5:11 min/km
157	123	Male	22	Ages 45 - 49	Adrian Baker	1232	Werrington Joggers	00:52:03	5:12 min/km
158	124	Male	39	Male Open	Luke Giddings	1017		00:52:03	5:12 min/km
159	125	Male	14	Ages 55 - 59	John Airey	1331	Eye Community Runners	00:52:07	5:12 min/km
160	126	Male	40	Male Open	Kev Middleton	1136		00:52:11	5:13 min/km
161	35	Female	9	Ages 45 - 49	Caroline Coster	1025		00:52:11	5:13 min/km
162	36	Female	4	Ages 40 - 44	Liz Brown	1198	Natural Bourne Runners	00:52:14	5:13 min/km
163	127	Male	23	Ages 45 - 49	Matthew Hartley	1184		00:52:14	5:13 min/km
164	37	Female	1	Ages 55 - 59	Nichola Serjeant	1315	St Neots Riverside Runners	00:52:19	5:13 min/km
165	128	Male	18	Ages 50 - 54	Fraser Marshall	1252	Grantham Running Club	00:52:20	5:14 min/km
166	129	Male	19	Ages 50 - 54	Paul Davis	1003	Grantham Running Club	00:52:23	5:14 min/km
167	38	Female	11	Female Open	Lucinda Matthews	1238		00:52:28	5:14 min/km
168	39	Female	5	Ages 40 - 44	Rachel Barringer	1265		00:52:29	5:14 min/km
169	130	Male	19	Ages 40 - 44	Wayne Baxter	1149	Grantham Running Club	00:52:37	5:15 min/km
170	131	Male	13	Ages 60 - 64	Tommy Napier	1120	Grantham Running Club	00:52:43	5:16 min/km
171	40	Female	1	Ages 35-39	Verity Sutton-Fisher	1262	Stamford Striders	00:52:48	5:16 min/km
172	41	Female	12	Female Open	Naomi Jepson-Rivers	1056	Grantham Running Club	00:52:56	5:17 min/km
173	42	Female	6	Ages 40 - 44	Liz Brown	1133		00:53:06	5:18 min/km
174	132	Male	41	Male Open	Craig Matthews	1245		00:53:23	5:20 min/km
175	133	Male	24	Ages 45 - 49	Neil Goodwin	1061	Boston Community Runners	00:53:25	5:20 min/km
176	43	Female	14	Ages 50 - 54	Lesley Beckingham	1007	Stamford Striders	00:53:29	5:20 min/km
177	134	Male	14	Ages 60 - 64	Jim Sands	1016		00:53:33	5:21 min/km
178	135	Male	42	Male Open	Scott Beasley	1018	Eye Community Runners	00:53:33	5:21 min/km
179	44	Female	13	Female Open	Zane Wojtowicz	1165		00:54:03	5:24 min/km
180	136	Male	43	Male Open	Tom Hardy	1189		00:54:11	5:25 min/km
181	137	Male	20	Ages 50 - 54	Duncan Milner	1126		00:54:15	5:25 min/km
182	45	Female	14	Female Open	Katie Webb	1222		00:54:28	5:26 min/km
183	46	Female	2	Ages 35-39	Lucie Denning	1223		00:54:37	5:27 min/km
184	138	Male	15	Ages 60 - 64	Marc Burden	1320	Stamford Striders	00:54:38	5:27 min/km

OverallPos	GenderPos	Gender	CategPos	Category	Name	Race num	Club	Chip time	Pace
185	47	Female	10	Ages 45 - 49	Julie McLaren	1112		00:54:41	5:28 min/km
186	48	Female	3	Ages 35-39	Suzie Phillips	1111		00:54:42	5:28 min/km
187	49	Female	7	Ages 40 - 44	Leanne Yates	1327		00:54:46	5:28 min/km
188	139	Male	16	Ages 60 - 64	Stephen Martin	1122	Stamford Striders	00:54:51	5:29 min/km
189	50	Female	8	Ages 40 - 44	Paula Short	1333		00:54:56	5:29 min/km
190	51	Female	15	Ages 50 - 54	Paula Partington	1107		00:55:01	5:30 min/km
191	52	Female	2	Ages 55 - 59	Julie Houghton	1106		00:55:02	5:30 min/km
192	53	Female	4	Ages 35-39	Effelumps Clarke	1190		00:55:10	5:31 min/km
193	54	Female	15	Female Open	Sophie Wilson	1285		00:55:22	5:32 min/km
194	55	Female	16	Female Open	Sophie Morris	1220		00:55:24	5:32 min/km
195	140	Male	21	Ages 50 - 54	Allen Pattison	1284		00:55:26	5:32 min/km
196	141	Male	20	Ages 40 - 44	Ross Baxter	1089		00:55:29	5:32 min/km
197	142	Male	15	Ages 55 - 59	Charlie Noble	1334	Stamford Striders	00:55:33	5:33 min/km
198	143	Male	22	Ages 50 - 54	Denis O'driscoll	1039	Baston Harriers	00:55:35	5:33 min/km
199	144	Male	16	Ages 55 - 59	Mark Beecham	1132	GRC	00:55:47	5:34 min/km
200	145	Male	23	Ages 50 - 54	Lee Jones	1046	Yaxley Runners & Joggers	00:55:59	5:35 min/km
201	146	Male	21	Ages 40 - 44	Daniel Witherington	1336	Yaxley Runners & Joggers	00:55:59	5:35 min/km
202	147	Male	25	Ages 45 - 49	Nick Hornsby	1043		00:56:00	5:36 min/km
203	56	Female	11	Ages 45 - 49	Claire Allwright	1226		00:56:05	5:36 min/km
204	57	Female	1	Ages 60 - 64	Vanessa Mackinnon	1110	Stamford Striders	00:56:08	5:36 min/km
205	148	Male	3	Ages 65 - 69	Geoff Howes	1311	Thorney RC	00:56:39	5:39 min/km
206	58	Female	9	Ages 40 - 44	Julie Markley	1297		00:56:43	5:40 min/km
207	149	Male	44	Male Open	Adam Pridmore	1197		00:56:49	5:40 min/km
208	59	Female	17	Female Open	Abigail Davis	1020	Grantham AC	00:57:07	5:42 min/km
209	150	Male	45	Male Open	Andrew Christophi	1052	Yaxley Runners & Joggers	00:57:08	5:42 min/km
210	60	Female	10	Ages 40 - 44	Abbie Purslow	1091		00:57:10	5:43 min/km
211	151	Male	17	Ages 60 - 64	Paul Beland	1280		00:57:19	5:43 min/km
212	152	Male	18	Ages 60 - 64	Simon Fisher	1001	Stamford Striders	00:57:24	5:44 min/km
213	153	Male	4	Ages 65 - 69	Richard Pearson	1216	Bourne Town Harriers	00:57:32	5:45 min/km
214	154	Male	22	Ages 40 - 44	Mark Bell	1229		00:57:35	5:45 min/km
215	61	Female	12	Ages 45 - 49	Clair Hoile	1243		00:57:41	5:46 min/km

OverallPos	GenderPos	Gender	CategPos	Category	Name	Race num	Club	Chip time	Pace
216	155	Male	17	Ages 55 - 59	Graham Ward	1130		00:57:45	5:46 min/km
217	156	Male	26	Ages 45 - 49	James Fuller	1103		00:57:48	5:46 min/km
218	62	Female	13	Ages 45 - 49	Karen Timby	1208	Natural Bourne Runners	00:57:55	5:47 min/km
219	63	Female	18	Female Open	Emily Needham	1203		00:57:58	5:47 min/km
220	64	Female	5	Ages 35-39	Gemma Alcoran	1204		00:57:58	5:47 min/km
221	65	Female	14	Ages 45 - 49	Carrie D'angelo	1202	Natural Bourne Runners	00:58:03	5:48 min/km
222	157	Male	19	Ages 60 - 64	Andrew Hallam	1042	Werrington Joggers	00:58:13	5:49 min/km
223	158	Male	20	Ages 60 - 64	John Mackinnon	1195	Stamford Striders	00:58:15	5:49 min/km
224	66	Female	16	Ages 50 - 54	Nicola Asplin	1075		00:58:26	5:50 min/km
225	67	Female	17	Ages 50 - 54	Amanda Teesdale	1006	Boston Community Runners	00:58:44	5:52 min/km
226	68	Female	18	Ages 50 - 54	Toni Wood	1286		00:59:26	5:56 min/km
227	69	Female	3	Ages 55 - 59	Lynn Smitheringale	1256		00:59:26	5:56 min/km
228	159	Male	21	Ages 60 - 64	Gavin Allmand	1316		00:59:33	5:57 min/km
229	70	Female	19	Ages 50 - 54	Annalie Grooby	1164		00:59:37	5:57 min/km
230	160	Male	24	Ages 50 - 54	Robert Golland	1086		00:59:38	5:57 min/km
231	71	Female	20	Ages 50 - 54	Nina Wright	1305	Yaxley Runners & Joggers	00:59:38	5:57 min/km
232	161	Male	46	Male Open	Jake Minton	1258		00:59:41	5:58 min/km
233	162	Male	47	Male Open	Levi Hartley	1185		00:59:43	5:58 min/km
234	72	Female	19	Female Open	Leah Capon	1101	Yaxley Runners & Joggers	00:59:49	5:58 min/km
235	163	Male	25	Ages 50 - 54	Adrian Flintoft	1029	Yaxley Runners & Joggers	00:59:51	5:59 min/km
236	73	Female	21	Ages 50 - 54	Caroline Nickols	1173	Sleaford Striders AC	00:59:55	5:59 min/km
237	74	Female	4	Ages 55 - 59	Karen Leonard	1055		01:00:06	6:00 min/km
238	75	Female	2	Ages 60 - 64	Yvonne Buckley	1099	Grantham Running Club	01:00:08	6:00 min/km
239	76	Female	3	Ages 60 - 64	Carole Sands	1014	Lincs Ladies	01:00:14	6:01 min/km
240	164	Male	22	Ages 60 - 64	Andy Potter	1090	Stamford Striders	01:00:25	6:02 min/km
241	77	Female	5	Ages 55 - 59	Wendy Robinson	1267		01:00:31	6:03 min/km
242	78	Female	11	Ages 40 - 44	Elizabeth Twell	1031		01:01:03	6:06 min/km
243	79	Female	15	Ages 45 - 49	Emma Hopkinson	1317	Grantham Running Club	01:01:19	6:07 min/km
244	165	Male	23	Ages 60 - 64	Tony Davies	1082		01:01:39	6:09 min/km
245	80	Female	12	Ages 40 - 44	Kelly Epps	1225		01:01:55	6:11 min/km
246	81	Female	6	Ages 55 - 59	Mary Turner	1295	Boston Community Runners	01:01:57	6:11 min/km

OverallPos	GenderPos	Gender	CategPos	Category	Name	Race num	Club	Chip time	Pace
247	82	Female	6	Ages 35-39	Kirsten Hackett	1187	Eye Community Runners	01:02:31	6:15 min/km
248	83	Female	13	Ages 40 - 44	Natasha Newitt	1188	Eye Community Runners	01:02:32	6:15 min/km
249	84	Female	20	Female Open	Holly Wragg	1137	Grantham Running Club	01:02:36	6:15 min/km
250	85	Female	7	Ages 55 - 59	Alison Warke	1027		01:02:38	6:15 min/km
251	166	Male	5	Ages 65 - 69	Robert Tomlinson	1237		01:02:38	6:15 min/km
252	86	Female	7	Ages 35-39	Cara Richardson	1096		01:02:48	6:16 min/km
253	87	Female	22	Ages 50 - 54	Angela Barnatt	1005	Werrington Joggers	01:02:50	6:17 min/km
254	88	Female	14	Ages 40 - 44	Kerry Poberezniuk	1093		01:02:52	6:17 min/km
255	89	Female	16	Ages 45 - 49	Shona Elkin	1059	Werrington Joggers	01:03:08	6:18 min/km
256	90	Female	15	Ages 40 - 44	Michelle Petersen	1102		01:03:35	6:21 min/km
257	91	Female	8	Ages 35-39	Nikki Bridges	1212		01:03:53	6:23 min/km
258	92	Female	17	Ages 45 - 49	Deborah Cook	1010	Yaxley Runners & Joggers	01:03:54	6:23 min/km
259	93	Female	4	Ages 60 - 64	Gillian Shawley	1194		01:04:03	6:24 min/km
260	167	Male	18	Ages 55 - 59	Ian Bridges	1032		01:04:09	6:24 min/km
261	94	Female	8	Ages 55 - 59	Sarah Burton	1060	Boston Community Runners	01:04:33	6:27 min/km
262	168	Male	26	Ages 50 - 54	Mark Philby	1260		01:05:02	6:30 min/km
263	169	Male	19	Ages 55 - 59	Stuart Bremner	1318		01:05:12	6:31 min/km
264	170	Male	20	Ages 55 - 59	Richard Burton	1071	Bourne Town Harriers	01:05:15	6:31 min/km
265	95	Female	18	Ages 45 - 49	Liz Jones	1047	Yaxley Runners & Joggers	01:05:19	6:31 min/km
266	96	Female	5	Ages 60 - 64	Anne Platt	1191		01:05:48	6:34 min/km
267	97	Female	23	Ages 50 - 54	Paula Andrews	1141		01:05:52	6:35 min/km
268	171	Male	27	Ages 45 - 49	Steven Beacham	1215		01:06:06	6:36 min/km
269	98	Female	24	Ages 50 - 54	Tracy Webb	1138	Grantham Running Club	01:06:28	6:38 min/km
270	99	Female	25	Ages 50 - 54	Rachel Simmons	1100	Stamford Striders	01:06:38	6:39 min/km
271	100	Female	19	Ages 45 - 49	Jenny Marples	1328	Stamford Striders	01:06:52	6:41 min/km
272	101	Female	26	Ages 50 - 54	Lisa Ward	1129	Lincs Ladies Running Club	01:07:13	6:43 min/km
273	102	Female	20	Ages 45 - 49	Joanna Sells	1081	Eye Community Runners	01:07:16	6:43 min/km
274	103	Female	27	Ages 50 - 54	Angie Gill	1218	Lonely Goat RC	01:07:34	6:45 min/km
275	104	Female	21	Ages 45 - 49	Carol Atherton	1183		01:10:05	7:00 min/km
276	105	Female	28	Ages 50 - 54	Linda Brown	1210	Stamford Striders	01:10:19	7:01 min/km
277	106	Female	21	Female Open	Alison Burton	1067	Bourne Town Harriers	01:10:22	7:02 min/km

OverallPos	GenderPos	Gender	CategPos	Category	Name	Race num	Club	Chip time	Pace
278	172	Male	2	Ages 70 - 74	Alan Gray	1233	Stamford Striders	01:12:09	7:12 min/km
279	107	Female	9	Ages 55 - 59	Vanessa Parker	1134		01:13:30	7:21 min/km
280	173	Male	24	Ages 60 - 64	Clive Holden	1307	Sleaford Striders AC	01:15:15	7:31 min/km
281	108	Female	29	Ages 50 - 54	Dawn Bunn	1049		01:15:20	7:32 min/km
282	109	Female	9	Ages 35-39	Sandra King	1178		01:17:33	7:45 min/km
283	174	Male	21	Ages 55 - 59	Carl Harding	1176		02:00:58	12:05 min/km