

Langtoft 10k 2023 Results

Pos	Gender Pos	Gender	Time	Categ Pos	Category	First name	Last name	Race num	Club	Pace
1	1	Male	00:31:18	1	Male Open	Joe	Wilkinson	2231	Bingley Harriers & AC	3:07 min/km
2	2	Male	00:33:44	2	Male Open	Scott	Cameron	1387		3:22 min/km
3	3	Male	00:34:29	3	Male Open	Thomas	Preston	2165		3:26 min/km
4	4	Male	00:34:47	1	Ages 45 - 49	Simon	Fell	2033	Peterborough & Nene Valley AC	3:28 min/km
5	5	Male	00:35:40	1	Ages 40 - 44	Nathanael	Freeman	2045	Helpston Harriers AC	3:34 min/km
6	6	Male	00:36:16	4	Male Open	Jack	Green	2056	Werrington Joggers	3:37 min/km
7	7	Male	00:36:30	5	Male Open	Mark	Popple	2164	Stamford Striders	3:39 min/km
8	8	Male	00:36:45	6	Male Open	Josh	Evans	2247	Bedford Harriers AC	3:40 min/km
9	9	Male	00:36:52	2	Ages 45 - 49	Dave	Greenwood	2059	Holme Pierrepont RC	3:41 min/km
10	10	Male	00:37:33	7	Male Open	Archie	Faulder	2032		3:45 min/km
11	11	Male	00:37:35	1	Ages 55 - 59	Miguel	Cann	1389		3:45 min/km
12	12	Male	00:37:53	3	Ages 45 - 49	Dan	Vajzovic	2223		3:47 min/km
13	13	Male	00:38:11	4	Ages 45 - 49	Peter	Bonner	1370	Grantham Running Club	3:49 min/km
14	14	Male	00:38:22	1	Ages 50 - 54	Mark	Allum	1345	Lonely Goat RC	3:50 min/km
15	15	Male	00:38:27	2	Ages 40 - 44	James	Didsbury	2017	Stamford Striders	3:50 min/km
16	16	Male	00:38:35	8	Male Open	Keaton	Neacy	2139	Peterborough & Nene Valley AC	3:51 min/km
17	17	Male	00:38:51	5	Ages 45 - 49	Chris	Emmerson	2029	Langtoft trail club	3:53 min/km
18	18	Male	00:38:55	3	Ages 40 - 44	steven	robinson	2180	Helpston Harriers AC	3:53 min/km

Pos	Gender Pos	Gender	Time	Categ Pos	Category	First name	Last name	Race num	Club	Pace
										km
19	19	Male	00:38:56	2	Ages 50 - 54	Wayne	Bradley	1372		3:53 min/km
20	20	Male	00:38:58	6	Ages 45 - 49	Andrew	Preston	2166	Peterborough & Nene Valley AC / Langtoft Trail Club	3:53 min/km
21	1	Female	00:39:00	1	Female Open	Chloe	Tyler	2221	Peterborough & Nene Valley AC	3:54 min/km
22	21	Male	00:39:02	2	Ages 55 - 59	David	Neal	2141	Peterborough & Nene Valley AC	3:54 min/km
23	22	Male	00:39:28	9	Male Open	Sam	Barrett	1357	Stamford Striders	3:56 min/km
24	23	Male	00:39:42	7	Ages 45 - 49	Michael	Branston	1373	Yaxley Runners & Joggers	3:58 min/km
25	24	Male	00:39:48	3	Ages 50 - 54	Marcus	Brown	1375	Stamford Striders	3:58 min/km
26	25	Male	00:39:48	1	Ages 65 - 69	Clive	Wintrip	2251		3:58 min/km
27	26	Male	00:39:56	4	Ages 50 - 54	Andy	Hauton	2069	Nettleham Trotters Running Group	3:59 min/km
28	27	Male	00:40:02	10	Male Open	Jordan	Rawlins	2173	Birtley AC	4:00 min/km
29	28	Male	00:40:26	3	Ages 55 - 59	Mark	Botteley	1371	Bourne Town Harriers	4:02 min/km
30	29	Male	00:40:41	4	Ages 40 - 44	Neil	Lakin	2108	Stamford Striders	4:04 min/km
31	30	Male	00:40:53	11	Male Open	Steven	Bannister	1352		4:05 min/km
32	2	Female	00:41:02	2	Female Open	Sarah	Caskey	1394	Peterborough & Nene Valley AC	4:06 min/km
33	31	Male	00:41:06	8	Ages 45 - 49	Chris	Rawson	2175	Hinckley Running Club	4:06 min/km
34	32	Male	00:41:18	5	Ages 40 - 44	Robin	Atter	1349	Grantham Running Club	4:07 min/km
35	33	Male	00:41:19	12	Male Open	Sam	Dodwell	2019		4:07 min/km
36	34	Male	00:41:22	13	Male Open	Daniel	Holland	2078	Yaxley Runners & Joggers	4:08 min/km

Pos	Gender Pos	Gender	Time	Categ Pos	Category	First name	Last name	Race num	Club	Pace
37	35	Male	00:41:24	9	Ages 45 - 49	Oliver	Crouch	2010		4:08 min/km
38	36	Male	00:41:27	14	Male Open	Matthew	Bellis	1363		4:08 min/km
39	37	Male	00:41:33	2	Ages 65 - 69	Graham	Chapman	2246	Ely Runners	4:09 min/km
40	3	Female	00:41:39	3	Female Open	Josie	Knight	2107	Peterborough & Nene Valley AC	4:09 min/km
41	38	Male	00:41:40	15	Male Open	Tom	Bellis	1362	Bourne Town Harriers	4:10 min/km
42	39	Male	00:41:40	6	Ages 40 - 44	Daniel	Pearce	2155	Grantham Running Club	4:10 min/km
43	40	Male	00:41:49	5	Ages 50 - 54	Mark	Dujon	2022		4:10 min/km
44	41	Male	00:41:54	6	Ages 50 - 54	Jim	Clarke	1399	Bournville Harriers	4:11 min/km
45	42	Male	00:41:54	7	Ages 50 - 54	Andy	Thompson	2215	Lonely Goat RC	4:11 min/km
46	43	Male	00:42:19	16	Male Open	Simon	King	2105		4:13 min/km
47	44	Male	00:42:27	4	Ages 55 - 59	Alan	Carley	1390	Grantham Running Club	4:14 min/km
48	45	Male	00:42:28	3	Ages 65 - 69	David	Babbs	1350	Stamford Striders	4:14 min/km
49	4	Female	00:42:41	4	Female Open	Kayleigh	Draper	2021	Yaxley Runners & Joggers	4:16 min/km
50	46	Male	00:42:49	5	Ages 55 - 59	Stuart	Hill	2073		4:16 min/km
51	47	Male	00:42:49	8	Ages 50 - 54	Hugh	Burton	1384	Yaxley Runners & Joggers	4:16 min/km
52	48	Male	00:42:50	10	Ages 45 - 49	Neil	King	2106	Bourne Town Harriers	4:17 min/km
53	5	Female	00:42:51	5	Female Open	Olivia	Walker	2225	Peterborough & Nene Valley AC	4:17 min/km
54	49	Male	00:42:55	11	Ages 45 - 49	James	Kettle	2103		4:17 min/km
55	50	Male	00:42:58	7	Ages 40 - 44	Martin	Randall	2170		4:17 min/km

Pos	Gender Pos	Gender	Time	Categ Pos	Category	First name	Last name	Race num	Club	Pace
										km
56	51	Male	00:43:06	12	Ages 45 - 49	Stefan	Latter	2111	Grantham Running Club	4:18 min/km
57	52	Male	00:43:19	4	Ages 65 - 69	Andrew	Larham	2110	March AC	4:19 min/km
58	53	Male	00:43:20	17	Male Open	Sam	Lines	2114		4:20 min/km
59	54	Male	00:43:26	18	Male Open	Miguel	Nunes	2145	Eye Community Runners	4:20 min/km
60	6	Female	00:43:27	1	Ages 50 - 54	Rebecca	Lee	2113	Peterborough & Nene Valley AC	4:20 min/km
61	55	Male	00:43:31	6	Ages 55 - 59	Ed	Fancourt	2031	Stamford Striders	4:21 min/km
62	56	Male	00:43:34	19	Male Open	Ben	Milner	2134		4:21 min/km
63	7	Female	00:43:40	6	Female Open	Katie	Arnold	1346	Stamford Striders	4:22 min/km
64	8	Female	00:43:45	1	Ages 40 - 44	Kelly	Maddy	2118	Thorney Running Club	4:22 min/km
65	57	Male	00:43:56	1	Ages 60 - 64	Robert	Howbrook	2082	Grantham Running Club	4:23 min/km
66	58	Male	00:43:57	8	Ages 40 - 44	Graham	Topham	2220		4:23 min/km
67	9	Female	00:43:58	1	Ages 45 - 49	Suzanne	Moon	2137	Stamford Striders	4:23 min/km
68	59	Male	00:44:14	13	Ages 45 - 49	Mark	Sheldon	2193	Ramsey Road Runners	4:25 min/km
69	60	Male	00:44:15	20	Male Open	Michael	O'Connell	2146	Stamford Striders	4:25 min/km
70	61	Male	00:44:23	9	Ages 40 - 44	Phil	Neacy	2140	Thorney Running Club	4:26 min/km
71	10	Female	00:44:38	7	Female Open	Sarah	Arthur	1347	Stamford Striders	4:27 min/km
72	11	Female	00:44:41	2	Ages 45 - 49	Penny	Hodges	2075	Grantham Running Club	4:28 min/km
73	62	Male	00:44:46	7	Ages 55 - 59	Tony	Johnson	2092	Grantham Running Club	4:28 min/km

Pos	Gender Pos	Gender	Time	Categ Pos	Category	First name	Last name	Race num	Club	Pace
74	63	Male	00:44:55	8	Ages 55 - 59	Jeremy	Green	2057	Werrington Joggers	4:29 min/km
75	64	Male	00:44:59	21	Male Open	Joseph	Moisey	2136		4:29 min/km
76	65	Male	00:45:00	14	Ages 45 - 49	Chris	Gold	2052		4:30 min/km
77	66	Male	00:45:01	15	Ages 45 - 49	David	Marples	2259		4:30 min/km
78	12	Female	00:45:02	2	Ages 40 - 44	Helen	Joyce	2097	Yaxley Runners & Joggers	4:30 min/km
79	67	Male	00:45:21	9	Ages 50 - 54	Paul	Davis	2015	Grantham Running Club	4:32 min/km
80	68	Male	00:45:21	5	Ages 65 - 69	James John	Grant	2054		4:32 min/km
81	69	Male	00:45:23	22	Male Open	Lee	Fialkowski	2036		4:32 min/km
82	70	Male	00:45:24	16	Ages 45 - 49	Martin	Candish	1388	Stamford Striders	4:32 min/km
83	13	Female	00:45:24	2	Ages 50 - 54	Alison	Staines	2204	Peterborough & Nene Valley AC	4:32 min/km
84	71	Male	00:45:38	10	Ages 40 - 44	Jonny	Frawley	2043	Skegness Coasters	4:33 min/km
85	72	Male	00:45:40	11	Ages 40 - 44	Dave	Keene	2099		4:34 min/km
86	14	Female	00:45:47	1	Ages 35-39	Rachel	Hamilton	2064		4:34 min/km
87	15	Female	00:45:48	3	Ages 45 - 49	Nicola	Ruston-Litchfield	2185	Grantham Running Club	4:34 min/km
88	73	Male	00:45:49	17	Ages 45 - 49	David john	corcoran	2005	Halmer Harriers	4:34 min/km
89	74	Male	00:46:13	9	Ages 55 - 59	Tony	Comber	2001	Stamford Striders	4:37 min/km
90	75	Male	00:46:24	2	Ages 60 - 64	Brian	Stevens	2255		4:38 min/km
91	76	Male	00:46:30	3	Ages 60 - 64	Anthony	Sharp	2191	Stamford Striders	4:39 min/km
92	77	Male	00:46:33	18	Ages 45 - 49	Lee	Wigginton	2229		4:39 min/km

Pos	Gender Pos	Gender	Time	Categ Pos	Category	First name	Last name	Race num	Club	Pace
										km
93	16	Female	00:46:36	8	Female Open	Cerys	Bithell	1366	Newmarket Joggers	4:39 min/km
94	78	Male	00:46:37	12	Ages 40 - 44	Sion	Williams	2232		4:39 min/km
95	79	Male	00:46:50	13	Ages 40 - 44	Andrew	Ferguson	2035		4:41 min/km
96	80	Male	00:47:15	23	Male Open	William	Elliott	2028	Yaxley Runners & Joggers	4:43 min/km
97	17	Female	00:47:22	4	Ages 45 - 49	Eleanor	Bithell	1365	Newmarket Joggers	4:44 min/km
98	81	Male	00:47:29	10	Ages 55 - 59	Andrew	Johnson	2091	Lonely Goat RC	4:44 min/km
99	18	Female	00:47:31	9	Female Open	Katy	Chan	1396	Holme Pierrepont RC	4:45 min/km
100	82	Male	00:47:33	14	Ages 40 - 44	Ross	Clubb	2249	Bushfield Joggers	4:45 min/km
101	19	Female	00:47:35	3	Ages 50 - 54	Claire	Piercy	2158	Yaxley Runners & Joggers	4:45 min/km
102	83	Male	00:47:36	11	Ages 55 - 59	Andy	Short	2195	Eye Community Runners	4:45 min/km
103	20	Female	00:47:41	10	Female Open	Erin	Cox	2007	Peterborough & Nene Valley AC	4:46 min/km
104	84	Male	00:47:43	4	Ages 60 - 64	Richard	Mardling	2120	Stamford Striders	4:46 min/km
105	85	Male	00:47:44	10	Ages 50 - 54	Robin	Barnatt	1353		4:46 min/km
106	21	Female	00:47:45	3	Ages 40 - 44	LAURA	BAILEY	1351	Stamford Striders	4:46 min/km
107	86	Male	00:47:55	6	Ages 65 - 69	Roy	Young	2242	Eye Community Runners	4:47 min/km
108	87	Male	00:47:59	19	Ages 45 - 49	Ben	Mason	2123	Grantham Running Club	4:47 min/km
109	88	Male	00:48:03	20	Ages 45 - 49	Steve	Knight	2250	Stamford Striders	4:48 min/km
110	89	Male	00:48:07	21	Ages 45 - 49	Stuart	Burgess	1380		4:48 min/km

Pos	Gender Pos	Gender	Time	Categ Pos	Category	First name	Last name	Race num	Club	Pace
111	90	Male	00:48:11	24	Male Open	Robert	Ebbage	2024		4:49 min/km
112	91	Male	00:48:15	25	Male Open	Kyle	James	2088		4:49 min/km
113	92	Male	00:48:21	11	Ages 50 - 54	Stuart	Reader	2176	Grantham Running Club	4:50 min/km
114	22	Female	00:48:34	4	Ages 50 - 54	Cheryl	Allibone	1342	Stamford Striders	4:51 min/km
115	93	Male	00:48:44	12	Ages 55 - 59	Abid	Sayeed	2189	Eye Community Runners	4:52 min/km
116	94	Male	00:48:55	13	Ages 55 - 59	Mark	Ilsey	2085	No running club.	4:53 min/km
117	23	Female	00:48:59	1	Ages 60 - 64	Carolyn	Sayers	2190	Rutland Running & Triathlon Club	4:53 min/km
118	95	Male	00:49:06	5	Ages 60 - 64	Robert	Mcardle	2256	Grantham Running Club	4:54 min/km
119	24	Female	00:49:08	4	Ages 40 - 44	Lynsey	Harvey	2068		4:54 min/km
120	96	Male	00:49:10	12	Ages 50 - 54	Hayden	Grooby	2061		4:55 min/km
121	97	Male	00:49:11	22	Ages 45 - 49	Rob	Jones	2244		4:55 min/km
122	25	Female	00:49:17	5	Ages 50 - 54	Caroline	Davis	2016	Grantham Running Club	4:55 min/km
123	98	Male	00:49:27	13	Ages 50 - 54	Allan	Nickson	2143	Lonely Goat RC	4:56 min/km
124	99	Male	00:49:27	14	Ages 50 - 54	Simon	Allsopp	1343	Grantham Running Club	4:56 min/km
125	100	Male	00:49:36	26	Male Open	Scott	Miller	2132	Werrington Joggers	4:57 min/km
126	101	Male	00:49:45	15	Ages 50 - 54	Steve	Lamb	2109		4:58 min/km
127	102	Male	00:49:51	16	Ages 50 - 54	Paul	Kelly	2100	Grantham Running Club	4:59 min/km
128	103	Male	00:50:06	15	Ages 40 - 44	Gareth	Smith	2200		5:00 min/km
129	104	Male	00:50:16	27	Male Open	Jono	Greenwood	2058		5:01 min/km

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										km
130	26	Female	00:50:20	6	Ages 50 - 54	Hilary	Cox	2008		5:02 min/km
131	105	Male	00:50:23	28	Male Open	George	Wallis	2226		5:02 min/km
132	27	Female	00:50:26	5	Ages 45 - 49	Gillian	Pryor	2167	Bourne Town Harriers	5:02 min/km
133	106	Male	00:50:27	16	Ages 40 - 44	Ben	Jackson	2087	Yaxley Runners & Joggers	5:02 min/km
134	28	Female	00:50:27	5	Ages 40 - 44	Laura	Kettle	2102	Belvoir Triathlon Club	5:02 min/km
135	29	Female	00:50:44	6	Ages 45 - 49	Sue	Harlow	2066	Yaxley Runners & Joggers	5:04 min/km
136	107	Male	00:50:45	17	Ages 50 - 54	Steve	Clarke	1398	Eye Community Runners	5:04 min/km
137	30	Female	00:50:47	7	Ages 50 - 54	RACHEL	KEMP	2101	East Hull Harriers & AC	5:04 min/km
138	108	Male	00:51:00	17	Ages 40 - 44	Simon	Carr	1391	Stamford Striders	5:06 min/km
139	109	Male	00:51:12	6	Ages 60 - 64	Jim	Sands	2186	Bourne Town Harriers	5:07 min/km
140	110	Male	00:51:17	23	Ages 45 - 49	Paul	Kedge	2098		5:07 min/km
141	31	Female	00:51:19	11	Female Open	Naomi	Jepson-Rivers	2090	Grantham Running Club	5:07 min/km
142	32	Female	00:51:23	1	Ages 55 - 59	louise	southgate	2201	Lincs Ladies	5:08 min/km
143	111	Male	00:51:23	24	Ages 45 - 49	Chris	Maddy	2119	Thorney Running Club	5:08 min/km
144	112	Male	00:51:29	18	Ages 50 - 54	Duncan	Virtue	2224		5:08 min/km
145	33	Female	00:51:30	8	Ages 50 - 54	Nicole	Coughlin	2006	Three Counties Running Club	5:09 min/km
146	113	Male	00:51:33	14	Ages 55 - 59	Martin	Rodell	2181	Grantham Running Club	5:09 min/km
147	114	Male	00:51:40	18	Ages 40 - 44	Matthew	Thompson	2216	Eye Community Runners	5:10 min/km

Pos	Gender Pos	Gender	Time	Categ Pos	Category	First name	Last name	Race num	Club	Pace
148	115	Male	00:51:40	19	Ages 40 - 44	Lee	Sutton	2210		5:10 min/km
149	34	Female	00:51:45	7	Ages 45 - 49	Paula	Short	2194	Stamford Striders	5:10 min/km
150	35	Female	00:51:45	2	Ages 55 - 59	Lesley	Beckingham	1361	Stamford Striders	5:10 min/km
151	116	Male	00:51:46	1	Ages 75 - 79	Peter	Ridley	2179	Eye Community Runners	5:10 min/km
152	117	Male	00:51:49	19	Ages 50 - 54	Duncan	Milner	2135		5:10 min/km
153	118	Male	00:52:06	20	Ages 40 - 44	Ross	Baxter	1360	Werrington Joggers	5:12 min/km
154	119	Male	00:52:11	1	Ages 70 - 74	Barrie	Barrett	1358	Bushfield Joggers	5:13 min/km
155	120	Male	00:52:15	7	Ages 60 - 64	Rob	Glover	2050	Stamford Striders	5:13 min/km
156	36	Female	00:52:38	9	Ages 50 - 54	Caroline	Chan	1395	Werrington Joggers	5:15 min/km
157	121	Male	00:52:55	29	Male Open	Simon	Ash	1348		5:17 min/km
158	122	Male	00:53:00	25	Ages 45 - 49	Richard	Litchfield	2115	Grantham Running Club	5:18 min/km
159	123	Male	00:53:03	15	Ages 55 - 59	John	Airey	1340	Eye Community Runners	5:18 min/km
160	124	Male	00:53:03	8	Ages 60 - 64	Tommy	Napier	2138	Grantham Running Club	5:18 min/km
161	37	Female	00:53:06	12	Female Open	Emily	Davies	2014		5:18 min/km
162	125	Male	00:53:06	16	Ages 55 - 59	Gavin	Hynes	2084		5:18 min/km
163	126	Male	00:53:15	7	Ages 65 - 69	Paul	Jepson	2089	Grantham Running Club	5:19 min/km
164	127	Male	00:53:29	21	Ages 40 - 44	Wayne	Baxter	1359	Grantham Running Club	5:20 min/km
165	38	Female	00:53:32	10	Ages 50 - 54	Marjorie	Spendlow	2203	Grantham Running Club	5:21 min/km
166	39	Female	00:53:38	11	Ages 50 - 54	Katy	Edwards	2025	Hyde Village Striders	5:21 min/km

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										km
167	128	Male	00:53:38	20	Ages 50 - 54	Al	Raspin	2172	Hyde Village Striders	5:21 min/km
168	129	Male	00:53:40	30	Male Open	Magnus	Windsor	2233	Stamford Striders	5:22 min/km
169	40	Female	00:53:41	13	Female Open	Zoe	Wragg	2237	Grantham Running Club	5:22 min/km
170	41	Female	00:53:41	6	Ages 40 - 44	Ellen	Burnett	1383		5:22 min/km
171	42	Female	00:53:55	7	Ages 40 - 44	Amy	Hodgson	2076	Stamford Striders	5:23 min/km
172	130	Male	00:53:56	26	Ages 45 - 49	Daniel	Richardson	2177		5:23 min/km
173	131	Male	00:54:00	27	Ages 45 - 49	chris	smith	2198	Grantham Running Club	5:24 min/km
174	43	Female	00:54:13	12	Ages 50 - 54	Sinead	McDonnell	2128	Grantham Running Club	5:25 min/km
175	132	Male	00:54:15	17	Ages 55 - 59	richard	urquhart	2222	Grantham Running Club	5:25 min/km
176	44	Female	00:54:34	3	Ages 55 - 59	Janine	Buck	1377	Stamford Striders	5:27 min/km
177	45	Female	00:54:40	8	Ages 45 - 49	Rachel	Blackwell	1367		5:28 min/km
178	46	Female	00:54:59	14	Female Open	Samantha	Reeve	2248		5:29 min/km
179	47	Female	00:55:02	15	Female Open	Holly	Wragg	2238	Grantham Running Club	5:30 min/km
180	133	Male	00:55:05	8	Ages 65 - 69	Keith	Stanley	2206	Eye Community Runners	5:30 min/km
181	48	Female	00:55:09	16	Female Open	Danielle	Mills	2133	Bushfield Joggers	5:30 min/km
182	49	Female	00:55:14	2	Ages 35-39	Zane	Wojtowicz	2235	Grantham Running Club	5:31 min/km
183	50	Female	00:55:17	17	Female Open	Sophie	Wilson	2252	False	5:31 min/km
184	51	Female	00:55:20	13	Ages 50 - 54	Julie	Wright	2239	Eye Community Runners	5:32 min/km

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185	134	Male	00:55:20	21	Ages 50 - 54	Paul	McCarthy	2127	Yaxley Runners & Joggers	5:32 min/km
186	135	Male	00:55:21	18	Ages 55 - 59	Robert	Coles	1400	Yaxley Runners & Joggers	5:32 min/km
187	136	Male	00:55:35	31	Male Open	Matthew	Worthington	2236		5:33 min/km
188	52	Female	00:55:41	18	Female Open	Heather	Buttery	1385		5:34 min/km
189	53	Female	00:55:43	19	Female Open	Emma	Duncan	2023	Grantham Running Club	5:34 min/km
190	137	Male	00:55:49	9	Ages 60 - 64	David	Ogg	2147	Stamford Striders	5:34 min/km
191	138	Male	00:55:51	22	Ages 50 - 54	Lee	Jones	2094	Yaxley Runners & Joggers	5:35 min/km
192	139	Male	00:55:57	19	Ages 55 - 59	Paul	Platten	2161	Werrington Joggers	5:35 min/km
193	140	Male	00:56:05	22	Ages 40 - 44	Daniel	Witherington	2258	Yaxley Runners	5:36 min/km
194	54	Female	00:56:05	3	Ages 35-39	Gemma	Toogood	2257	Yaxley Runners and Joggers	5:36 min/km
195	141	Male	00:56:11	2	Ages 75 - 79	Jim	Fell	2034	Werrington Joggers	5:37 min/km
196	55	Female	00:56:18	9	Ages 45 - 49	Abbie	Purslow	2168		5:37 min/km
197	142	Male	00:56:47	20	Ages 55 - 59	Chris	Lockett	2116	Stamford Striders	5:40 min/km
198	56	Female	00:56:50	20	Female Open	Rebecca	Ella	2027	Eye Community Runners	5:41 min/km
199	143	Male	00:56:57	23	Ages 40 - 44	Martin	Carter	1393	Grantham Running Club	5:41 min/km
200	144	Male	00:56:58	32	Male Open	Luke	McHale	2129		5:41 min/km
201	57	Female	00:57:01	4	Ages 35-39	Cara	Richardson	2178		5:42 min/km
202	58	Female	00:57:15	21	Female Open	Laura	Pigott	2243	Grantham Running Club	5:43 min/km
203	145	Male	00:57:19	28	Ages 45 - 49	Nick	Hornsby	2080		5:43 min/km

Pos	Gender Pos	Gender	Time	Categ Pos	Category	First name	Last name	Race num	Club	Pace
										km
204	59	Female	00:57:22	10	Ages 45 - 49	Paivi	Maaranen	2253		5:44 min/km
205	60	Female	00:57:33	22	Female Open	Emma	Burgess	1381		5:45 min/km
206	146	Male	00:57:59	33	Male Open	Stuart	Barnes	1356	Eye Community Runners	5:47 min/km
207	61	Female	00:58:01	11	Ages 45 - 49	Victoria	Bolderson	1369	Eye Community Runners	5:48 min/km
208	147	Male	00:58:07	34	Male Open	Stan	Wojtala	2234		5:48 min/km
209	62	Female	00:58:21	12	Ages 45 - 49	Sally	Ordish	2148		5:50 min/km
210	148	Male	00:58:22	23	Ages 50 - 54	Richard	Ordish	2149		5:50 min/km
211	63	Female	00:58:26	23	Female Open	Claire	Curt	2012	Werrington Joggers	5:50 min/km
212	149	Male	00:58:27	21	Ages 55 - 59	Martin	Thirtle	2214		5:50 min/km
213	64	Female	00:58:42	4	Ages 55 - 59	Julie	Houghton	2081		5:52 min/km
214	65	Female	00:58:42	14	Ages 50 - 54	Paula	Partington	2153		5:52 min/km
215	150	Male	00:58:49	9	Ages 65 - 69	Geoff	Howes	2083	Thorney Running Club	5:52 min/km
216	66	Female	00:58:59	13	Ages 45 - 49	Kate	Marshall	2122	Grantham Running Club	5:53 min/km
217	151	Male	00:59:02	24	Ages 50 - 54	Andrew	Tiplady	2218		5:54 min/km
218	67	Female	00:59:03	5	Ages 35-39	Dorota	Stanczak	2205		5:54 min/km
219	68	Female	00:59:24	2	Ages 60 - 64	Anne	Parr	2152		5:56 min/km
220	69	Female	00:59:28	8	Ages 40 - 44	Morna	Jackson	2086		5:56 min/km
221	70	Female	00:59:53	24	Female Open	Charlotte	Walton	2227	Stamford Striders	5:59 min/km

Pos	Gender Pos	Gender	Time	Categ Pos	Category	First name	Last name	Race num	Club	Pace
222	152	Male	00:59:58	25	Ages 50 - 54	Chris	Parker	2151	Sleaford Striders AC	5:59 min/km
223	71	Female	01:00:27	15	Ages 50 - 54	Penelope	Gearing	2047		6:02 min/km
224	153	Male	01:00:31	10	Ages 65 - 69	Andy	Hallam	2063	Werrington Joggers	6:03 min/km
225	154	Male	01:00:40	29	Ages 45 - 49	Karl	Cunningham	2011		6:04 min/km
226	72	Female	01:00:46	14	Ages 45 - 49	Emma	Wiles	2230	Werrington Joggers	6:04 min/km
227	155	Male	01:00:50	35	Male Open	Thomas	Guest	2062		6:05 min/km
228	73	Female	01:00:56	25	Female Open	Heather	Hayes-Bowlzer	2071		6:05 min/km
229	74	Female	01:01:05	9	Ages 40 - 44	Kerry	Poberezniuk	2163		6:06 min/km
230	156	Male	01:01:12	30	Ages 45 - 49	Paul	Didsbury	2018		6:07 min/km
231	75	Female	01:01:16	26	Female Open	Megan	Mayoh	2125		6:07 min/km
232	76	Female	01:01:27	16	Ages 50 - 54	Bernadette	Fitzharris	2039	Eye Community Runners	6:08 min/km
233	157	Male	01:02:01	24	Ages 40 - 44	Mark	Simpson	2197		6:12 min/km
234	77	Female	01:02:02	27	Female Open	Abigail	Stephens	2208		6:12 min/km
235	158	Male	01:02:03	22	Ages 55 - 59	Charlie	Noble	2144	Stamford Striders	6:12 min/km
236	78	Female	01:02:25	15	Ages 45 - 49	clare	smith	2199	Grantham Running Club	6:14 min/km
237	79	Female	01:02:41	17	Ages 50 - 54	Angela	Barnatt	1354	Werrington Joggers	6:16 min/km
238	159	Male	01:02:53	36	Male Open	Michael	Gibson	2048	Bernard Saveloy Running Group	6:17 min/km
239	160	Male	01:03:01	37	Male Open	Hon-Wai	Pang	2150	Yaxley Runners & Joggers	6:18 min/km
240	161	Male	01:03:28	38	Male Open	Connor	Barnes	1355		6:20 min/km

Pos	Gender Pos	Gender	Time	Categ Pos	Category	First name	Last name	Race num	Club	Pace
										km
241	162	Male	01:03:33	10	Ages 60 - 64	Robert	May	2245		6:21 min/km
242	163	Male	01:03:37	39	Male Open	Stephen	Simons	2254	Eye Community Runners	6:21 min/km
243	80	Female	01:03:55	18	Ages 50 - 54	Liz	Jones	2095	Yaxley Runners & Joggers	6:23 min/km
244	81	Female	01:03:57	10	Ages 40 - 44	Bernice	Down	2020		6:23 min/km
245	82	Female	01:04:01	6	Ages 35-39	Emily	Player	2162		6:24 min/km
246	83	Female	01:04:02	19	Ages 50 - 54	Annalie	Grooby	2060		6:24 min/km
247	84	Female	01:04:05	20	Ages 50 - 54	Amanda	Teesdale	2213	Boston Community Runners	6:24 min/km
248	85	Female	01:04:10	3	Ages 60 - 64	Carole	Sands	2187		6:25 min/km
249	164	Male	01:04:14	40	Male Open	Ryan	Mayoh	2126		6:25 min/km
250	165	Male	01:04:18	11	Ages 65 - 69	Robert	Tomlinson	2219		6:25 min/km
251	86	Female	01:04:40	7	Ages 35-39	Danielle	Randall	2171	Eye Community Runners	6:28 min/km
252	87	Female	01:05:03	4	Ages 60 - 64	Anne	Platt	2159		6:30 min/km
253	88	Female	01:05:04	11	Ages 40 - 44	Jody	Matthews	2124		6:30 min/km
254	89	Female	01:05:11	21	Ages 50 - 54	Judi	Allsopp	1344	Grantham Running Club	6:31 min/km
255	90	Female	01:05:14	16	Ages 45 - 49	Emma	Hopkinson	2079	Grantham Running Club	6:31 min/km
256	166	Male	01:05:28	31	Ages 45 - 49	Jonathan	Ramm	2169	Wittering Warriors	6:32 min/km
257	91	Female	01:05:33	28	Female Open	Zane	Rulle	2184		6:33 min/km
258	92	Female	01:05:41	1	Ages 65 - 69	Wendy	Fraser	2042	Grantham Running Club	6:34 min/km

Pos	Gender Pos	Gender	Time	Categ Pos	Category	First name	Last name	Race num	Club	Pace
259	167	Male	01:05:41	32	Ages 45 - 49	Kevin	Benton	1364		6:34 min/km
260	168	Male	01:05:56	23	Ages 55 - 59	Kevin	Hartley	2067		6:35 min/km
261	93	Female	01:06:02	29	Female Open	Rosie	Rawson	2174		6:36 min/km
262	94	Female	01:06:23	22	Ages 50 - 54	Shona	Elkin	2026	Werrington Joggers	6:38 min/km
263	95	Female	01:06:43	17	Ages 45 - 49	Jenny	Marples	2121	Stamford Striders	6:40 min/km
264	96	Female	01:07:08	23	Ages 50 - 54	Linda	Brown	1376	Stamford Striders	6:42 min/km
265	169	Male	01:08:11	26	Ages 50 - 54	Mark	Philby	2157		6:49 min/km
266	97	Female	01:08:22	18	Ages 45 - 49	Hannah	Gold	2053		6:50 min/km
267	98	Female	01:08:41	12	Ages 40 - 44	Caroline	Killaheene	2104		6:52 min/km
268	99	Female	01:08:55	5	Ages 60 - 64	Christine	Sawyer	2188	Grantham Running Club	6:53 min/km
269	170	Male	01:09:01	11	Ages 60 - 64	Tony	Davies	2013		6:54 min/km
270	171	Male	01:09:44	41	Male Open	Morgan	Aldridge	1341		6:58 min/km
271	100	Female	01:10:06	2	Ages 65 - 69	Gillian	Shawley	2192		7:00 min/km
272	172	Male	01:10:14	42	Male Open	Rob	Spencer	2202		7:01 min/km
273	173	Male	01:10:16	12	Ages 60 - 64	ian	bridges	1374		7:01 min/km
274	174	Male	01:10:28	3	Ages 75 - 79	Geoff	Burgoin	1382		7:02 min/km
275	175	Male	01:10:36	25	Ages 40 - 44	Darren	Sysum	2212		7:03 min/km
276	101	Female	01:10:58	24	Ages 50 - 54	Lucy	Cooker	2004		7:05 min/km
277	102	Female	01:12:23	6	Ages 60 - 64	Yvonne	Buckley	1378	Grantham Running Club	7:14 min/

Pos	Gender Pos	Gender	Time	Categ Pos	Category	First name	Last name	Race num	Club	Pace
										km
278	103	Female	01:13:45	25	Ages 50 - 54	Angie	Gill	2049	Lonely Goat RC	7:22 min/km
279	176	Male	01:14:41	2	Ages 70 - 74	Alan	Gray	2055	Stamford Striders	7:28 min/km
280	104	Female	01:15:08	5	Ages 55 - 59	Jan	Millar	2131	Eye Community Runners	7:30 min/km
281	177	Male	01:15:15	3	Ages 70 - 74	Brendon	Buckley	1379	Grantham Running Club	7:31 min/km
282	105	Female	01:16:40	19	Ages 45 - 49	Rachel	Lear	2112		7:40 min/km
283	106	Female	01:17:22	20	Ages 45 - 49	Mala	Sun	2209		7:44 min/km
284	107	Female	01:17:25	26	Ages 50 - 54	Nina	Wright	2240	Yaxley Runners & Joggers	7:44 min/km
285	108	Female	01:17:25	27	Ages 50 - 54	Karen	Freeman	2044	Yaxley Runners & Joggers	7:44 min/km
286	109	Female	01:17:26	21	Ages 45 - 49	Emily	Hawke	2070	Yaxley Runners & Joggers	7:44 min/km
287	178	Male	01:17:27	26	Ages 40 - 44	Steve	Joy	2096	Yaxley Runners & Joggers	7:44 min/km
288	110	Female	01:21:25	6	Ages 55 - 59	Denise	Fässler	2030	Werrington Joggers	8:08 min/km
289	111	Female	01:23:13	7	Ages 60 - 64	Carol	Cook	2003	Werrington Joggers	8:19 min/km
290	112	Female	01:23:13	28	Ages 50 - 54	Joanne	Platten	2160	Werrington Joggers	8:19 min/km